

User Instructions

Strepelle[®]

Group B Strep test



Protect your baby by testing for Group B Streptococcus during pregnancy

Strepelle®

Group B Strep test

www.strepelle.com

Thank you for purchasing Strepelle Group B Strep Test. Strepelle is a home to laboratory test kit that enables you to safeguard your baby's health by testing for Group B Streptococcus (GBS) during pregnancy. All that you need to test for GBS is included in this kit.

Group B Streptococcus is a common bacterium carried in the vagina and bowel of about 1 in 4 pregnant women.

GBS is not a sexually transmitted disease and does not present the carrier with any health risks.

The majority of pregnant women who are carriers give birth to perfectly healthy babies without ever knowing that they had GBS. However, without testing there is a chance that your baby could develop a serious infection that could have been prevented.

Most babies who become infected can be treated successfully with antibiotics but, unfortunately, some babies develop life-threatening complications such as pneumonia, septicaemia or meningitis. Furthermore 10% of babies infected with GBS will die and 20% will have longer-term problems during their early development.

Testing to find out if you are carrying GBS during your pregnancy is a proactive way to safeguard your baby's first few weeks of life.

Whatever the test result, it's good news – if negative for GBS, that's great – if positive, that's also a good thing as the level of risk is then known. A positive result will allow you to contact your healthcare professional so that treatment can be prescribed in time to keep your baby safe.

IMPORTANT

Carefully read through these instructions before use.

There are two swabs/collection tubes included in this test kit. They are identical and not specific to either vagina or rectum.

The swabs are sterile, please ensure you do not touch the soft end of the swab with your fingers or let it come into contact with any other surfaces (sinks, bedside tables, bed covers, towels etc).

We advise that you collect your samples at a suitable time for posting back to us on Monday to Thursday. This is to avoid sample strength deterioration in the postal system over the weekend.

Wash your hands prior to collecting a sample.

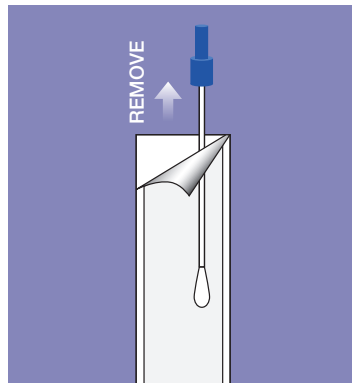
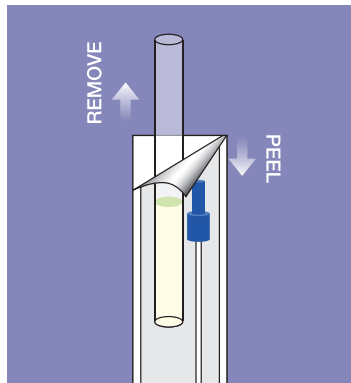
SWAB 1 – VAGINAL SWAB

- 1 Take the first of the identical swab packets and peel it open from the top as indicated.
- 2 Remove the swab from the opened packet.

Remove the collection tube from the packet and place it to one side in an upright position.

*Note: The collection tube contains a transport gel – **DO NOT EMPTY***

Note: Please ensure that you do not touch the soft end of the swab with your fingers as it must remain sterile.

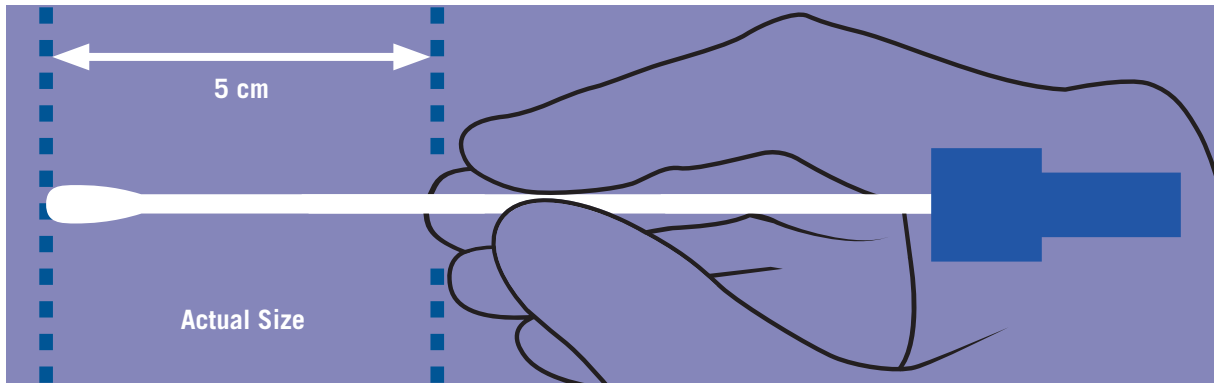


- 3 Before using the sterile swab, hold it at the 5cm position from the tip as shown.

Whilst measuring the position of the swab keep it a few centimetres above the surface of the diagram so that it does not touch the paper.

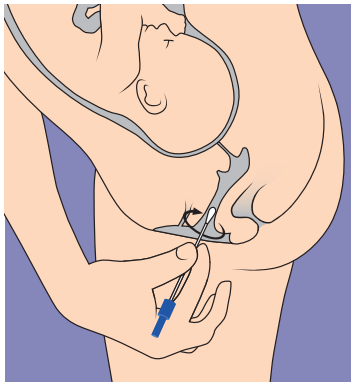
Holding the swab at this point will ensure that you do not insert the swab more than 5 cm into the vagina.

Note: Please ensure that you do not touch the soft end of the swab with your fingers or the paper of the instructions as the swab must remain sterile.



- 4 Ensuring that you do not touch the soft end of the swab with your fingers, carefully insert it into the vagina.

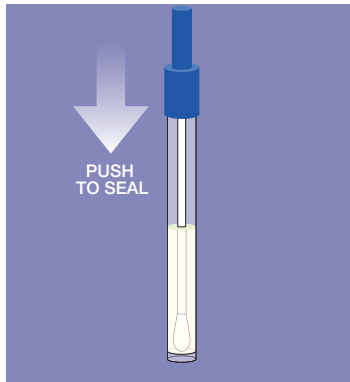
Gently move the swab in a circular motion around the lower vagina for 5-10 seconds.



- 5 Carefully withdraw the swab from the vagina.

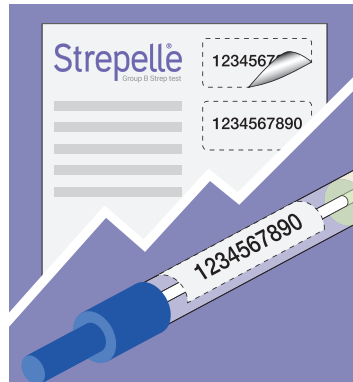
Slide the swab into the sample collection tube containing the transport gel.

Push the cap down firmly to ensure the collection tube is securely sealed.



- 6 Peel off one of the Unique Reference Number self-adhesive labels from the top of the Test Order Form.

Stick the label onto the first collection tube sample that you have just taken.

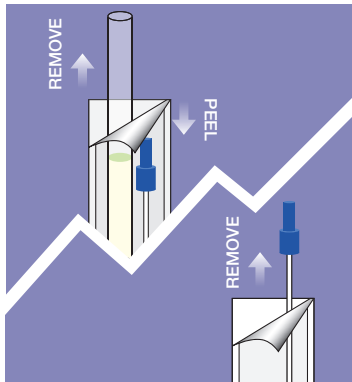


SWAB 2 – RECTAL SWAB

- 7 Peel open the second swab packet and remove the collection tube. Place it to one side in an upright position.

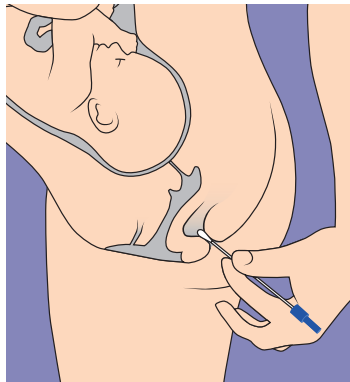
Then remove the swab.

Note: Please ensure that you do not touch the soft end of the swab with your fingers as it must remain sterile.



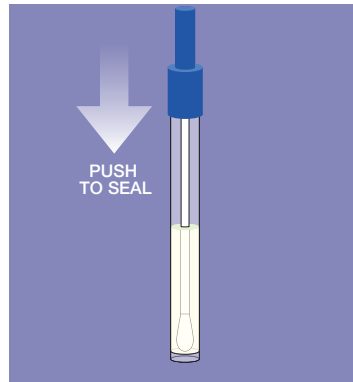
- 8 Ensuring that you do not touch the soft end of the swab with your fingers, insert it into the anus by no more than 1-2 cm. Leave the swab in place for 3-5 seconds.

Carefully withdraw the swab from the anus.



- 9 Slide the swab into the sample collection tube containing the transport gel.

Push the cap down firmly to ensure the collection tube is securely sealed.



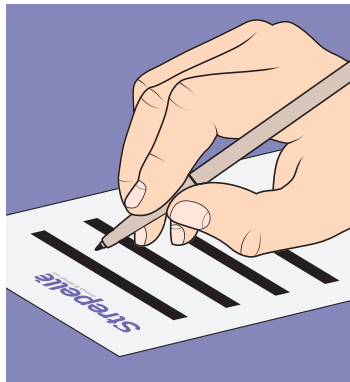
- 10 Peel off the remaining Unique Reference Number label from the top of the Test Order Form and stick it onto your second sample collection tube.



COMPLETE ORDER FORM

- 11 Complete the enclosed Test Order Form with your details.

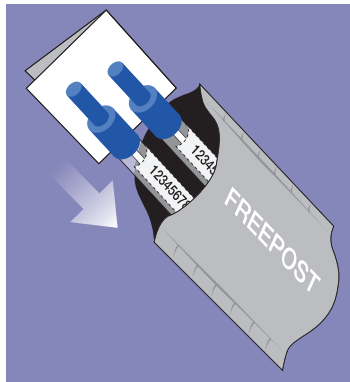
On the Test Order Form there is a Unique Reference Number that identifies your sample. Retain the tear-off top section of the Test Order Form to keep a record of this.



ENCLOSE RETURN ITEMS

- 12 Insert the following into the freepost return envelope:
- a) Vaginal swab sample
 - b) Rectal swab sample
 - c) Completed Test Order Form (folded)

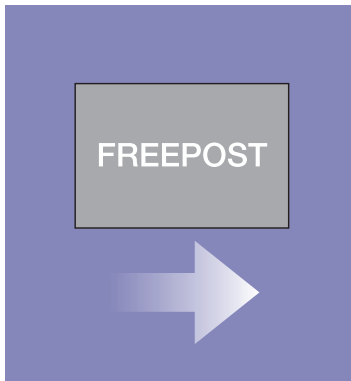
Note: Please ensure your Unique Reference Number labels are on your collection tubes.



SEND SAMPLES BACK TO US

- 13 Seal the bag and post it back to us.

ADVISORY: Post your samples on the day that you collect them. We advise that you collect your samples at a suitable time for posting back to us on Monday to Thursday. This is to avoid sample strength deterioration in the postal system over the weekend.



RESULTS

- 14 You will receive your results within 7 working days via the delivery method selected on the Test Order Form.

If your test result is positive you should contact your healthcare professional as soon as possible to ensure that treatment is prescribed in time to protect your baby.



PLEASE NOTE

- This test is recommended for pregnancies after 35 weeks.
- Use by the expiry date on the box.
- If you have any concerns about your pregnancy you should seek medical advice from your doctor or midwife.
- This test is not intended to replace medical advice.

BOX CONTENTS

- User instructions leaflet
- 2 sterile collection tubes/swabs
- Test Order Form
- Freepost envelope

CUSTOMER SERVICE

Strepelle Customer Service
HiberGene Diagnostics
Block 2, Bracken Business Park
Sandyford, Dublin 18, Ireland

customerservice@strepelle.com